

Diversity, Equity, and Inclusion - Top Teen Nonfiction - Baker & Taylor

A Perfectionist's Guide to Not Being Perfect 1

Zucker, Bonnie
9781433837036 143383703X HRD \$16.99 2022/02/22 Teen - Grade 7-9, Age 12-14
 Magination Pr 155.2320

Perfectionism (Personality trait) Body image in adolescence. YOUNG ADULT NONFICTION / Social Topics / Emotions & Feelings

This must-have resource for teens encourages them to maintain their desire to achieve without always striving to be perfect and to appreciate and love themselves for who they are, not only for what they accomplish.

When Anxiety Makes You Angry : CBT Anger Management Skills for Teens With Anxiety-Driven Anger (Instant Help Solutions)

Dunn, Kelsey Torgerson/ Grimste, Mallory (FRW) Instant Help Books 155.5124
9781684038367 1684038367 PAP \$17.95 2022/03/01 Teen - Grade 7-9, Age 12-14

Anger in adolescence Treatment Juvenile literature. Anxiety in adolescence Treatment Juvenile literature. YOUNG ADULT NONFICTION / Social Topics / Emotions & Feelings

Using a proven, effective approach rooted in evidence-based cognitive behavior therapy (CBT), this book helps teens identify the anxiety beneath their anger, accept difficult emotions and learn healthy coping and self-regulation skills for emotional balance. Original.

10 Minutes to Better Mental Health : A Step-by-Step Guide for Teens Using CBT and Mindfulness

David, Lee/ Brewin, Debbie/ Price, Rebecca (ILT) Jessica Kingsley 615.0000
9781787755567 1787755568 PAP \$19.95 2022/03/21 Teen - Grade 7-9, Age 12-14

YOUNG ADULT NONFICTION / Health & Daily Living / Mindfulness & Meditation

Covering everything from dealing with worry and anxiety and building your confidence, to fostering positive relationships, the must-have resource for improving mental health uses evidence-based approaches to become the person you want to be. Original. Illustrations.

American Shoes : A Refugee's Story

Turke, Rosemarie Lengsfeld/ Turke, Garrett Beyond Words Pub Co 940.5343
9781582708522 1582708525 HRD \$24.00 2022/02/15 Teen - Grade 7-9, Age 12-14

World War, 1939-1945 Germany Personal narratives, American Juvenile literature. National socialism Social aspects Juvenile literature. YOUNG ADULT NONFICTION / History / Holocaust

Told for the first time after seven decades of a family's collective silence, this story follows a brave and spirited young girl named Rose who escaped from Nazi Germany to forge ahead in an America she left as a small child. 3,000 first printing. Simultaneous eBook.

Messy Roots : A Graphic Memoir of a Wuhanese American

Gao, Laura/ Xu, Weiwei (CON) Balzer & Bray 973.0495
9780063067776 0063067773 HRD \$22.99 2022/03/08 Teen - Grade 10-12, Age 15-18

Chinese Americans Texas Biography Juvenile literature. Chinese Americans Texas Comic books, strips, etc. YOUNG ADULT NONFICTION / Comics & Graphic Novels / Biography

Seamlessly toggling between past and present, this funny graphic memoir follows a queer Chinese American's immigration to Texas where she just wants to make the basketball team, escape Chinese school and figure out why she is attracted to girls. 12,000 first printing. Simultaneous. Illustrations.

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Unequal : A Story of America

Dyson, Michael Eric/ Favreau, Marc Little Brown & Co 323.1196
9780759557017 0759557012 HRD \$18.99 2022/05/03 Teen - Grade 7-9, Age 12-14

African Americans Civil rights Juvenile literature. Civil rights workers United States Biography Juvenile literature.
 YOUNG ADULT NONFICTION / Social Topics / Civil & Human Rights

This gripping account of the struggles that shaped America and the insidiousness of racism demonstrates how inequality still persists today and provides a framework for addressing racial injustice. Simultaneous eBook.

And We Rise : The Civil Rights Movement in Poems

Martin, Erica Viking Childrens Books 323.1196
9780593352526 0593352521 HRD \$17.99 2022/02/01 Teen - Grade 7-9, Age 12-14

African Americans Civil rights History 20th century Juvenile poetry. Civil rights movements United States History 20th century Juvenile poetry. YOUNG ADULT NONFICTION / Poetry

This debut poetry collection walks readers through the Civil Rights Movement, introducing lesser-known figures and moments just as crucial to the Movement and our nation's centuries-long fight for justice and equality. Simultaneous eBook. Illustrations.

Freedom! : The Story of the Black Panther Party

Martin, Jetta Grace/ Bloom, Joshua/ Martin, Waldo Levine Querido 323.1196
 E., Jr.
9781646140930 1646140931 HRD \$19.99 2022/01/18 Teen - Grade 7-9, Age 12-14

Black power United States History 20th century Juvenile literature. Black nationalism United States History 20th century Juvenile literature. YOUNG ADULT NONFICTION / History / United States / 20th Century

Chronicles the Black Panther Party, who used knowledge as magic to launch a revolution, in this brilliantly told and deeply researched book that is about Black nationalism, Black radicalism and about Black people in America. Illustrations.

Girls Who Green the World : Thirty-four Rebel Women Out to Save Our Planet

Kapp, Diana/ Jaren, Ana (ILT) Delacorte Pr 333.7209
9780593428054 0593428056 HRD \$19.99 2022/04/05 Teen - Grade 7-9, Age 12-14

Women environmentalists Juvenile literature. Women and the environment Juvenile literature. YOUNG ADULT NONFICTION / Biography & Autobiography / Political

Part biography, part guidebook, this inspired collection profiles 34 women who are environmental changemakers, social entrepreneurs, visionaries and activists fighting for our future. Simultaneous eBook. Illustrations.

Gender Inequality in Sports : From Title IX to World Titles

Cronn-mills, Kirstin Twenty First Century Books 796.0820
9781728419473 1728419476 LIB \$37.32 2022/04/05 Teen - Grade 10-12, Age 15-18

Sports for women United States History. Sex discrimination in sports United States History. YOUNG ADULT NONFICTION / Social Topics / Prejudice & Racism

'A comprehensive view of gender inequality in sports, this book details the continued struggle against unequal pay, discrimination, and sexism despite the landmark law of Title IX

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What Color Is Your Parachute? For Teens : Discover Yourself, Design Your Future, and Plan for Your Dream Job

4 (What Color is Your Parachute for Teens)

Christen, Carol Ten Speed Pr 650.0000
9781984858627 1984858629 PAP \$15.99 2022/04/05 Teen - Grade 10-12, Age 15-18

YOUNG ADULT NONFICTION / Careers

Containing the most up-to-date information on COVID-19 and other challenges that have altered higher education and the job market, this new edition offers proven exercises to help readers choose a career uniquely suited to their passions, strengths and goals. Original. Simultaneous eBook.

How to Money : Your Ultimate Visual Guide to the Basics of Finance

Chatzky, Jean/ Tuggle, Kathryn/ Cosford, Nina (ILT) Roaring Brook 332.4000
9781250791696 1250791693 PAP \$19.99 2022/05/10 Teen - Grade 7-9, Age 12-14

Money Juvenile literature. Finance, Personal Juvenile literature. YOUNG ADULT NONFICTION / Personal Finance
In this illustrated guidebook, the team at Her Money breaks down the basics of money, giving teens the tools they need for taking charge and being fearless with personal finance. Original. Simultaneous eBook. 50,000 first printing. Illustrations.

My Name Is Jason. Mine Too. : Our Story. Our Way.

Reynolds, Jason/ Griffin, Jason Atheneum 302.0000
9781534478237 153447823X HRD \$19.99 2022/06/28 Teen - Grade 7-9, Age 12-14

YOUNG ADULT NONFICTION / Social Topics / Friendship

Cramm This Book : So You Know Wtf Is Going on in the World Today

Seltzer, Olivia Philomel Books 306.0000
9780593352168 0593352165 HRD \$17.99 2022/02/15 Teen - Grade 7-9, Age 12-14

Social problems Juvenile literature. Social history 21st century Juvenile literature. YOUNG ADULT NONFICTION / History / General

'A guide to the recent history of the world that's led to where we are today, so Gen Z readers can have context for the news they see and hear every day'--

Domestic Extremism : How Big Is the Threat?

Marcovitz, Hal Referencepoint Pr Inc 305.5680
9781678202361 1678202363 HRD \$31.95 2022/02/28 Teen - Grade 7-9, Age 12-14

Radicals United States Juvenile literature. Extremists United States Juvenile literature. YOUNG ADULT NONFICTION / Social Topics / Violence

'Many extremist groups have emerged in recent years. Moreover, many individuals harbor extremist viewpoints and have taken action on their own. They do this to call attention to their beliefs, cause chaos, and very often commit acts of violence under the misguided notions that their causes are justified and would find widespread acceptance by the American people. Very often, though, these extremists ultimately find themselves sharing prison cells'--

How to Be a Difficult Bitch : Claim Your Power, Ditch the Haters, and Feel Good Doing It

Bondy, Halley/ Fernandez, Mary C./ Pruitt-young, Zest Books 305.0000
 Sharon Lynn/ Hanawalt, Zara/ Luke, T. L.
9781541586741 1541586743 LIB \$37.32 2022/04/05 Teen - Grade 10-12, Age 15-18

YOUNG ADULT NONFICTION / Girls & Women

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You Are More Than Magic : The Black and Brown Girls' Guide to Finding Your Voice

Harts, Minda

Dial Books for Young Readers

305.4889

9780593326619

059332661X

HRD

\$17.99 2022/04/05

Teen - Grade 7-9, Age 12-14

African American young women Psychology Juvenile literature. African American young women Conduct of life Juvenile literature. YOUNG ADULT NONFICTION / Careers

Filled with anecdotes, thought exercises, how-to and encouragement, this must-have guide for girls of color shows them how to find their voice and make sure everyone around them can hear it. Simultaneous eBook.

Seeing Gender

Gottlieb, Iris/ Callender, Kacen (FRW)

Chronicle Books Llc

305.3000

9781797211978

1797211978

PAP

\$19.99 2022/04/26

Teen - Grade 10-12, Age 15-18

Gender identity Juvenile literature. Gender expression Juvenile literature. YOUNG ADULT NONFICTION / Biography & Autobiography / LGBTQ+

In this meticulously researched book that draws on her personal experiences, the author explores gender in all its complexities while also digging into history and pop culture for the stories and people who have shaped the conversation on gender. Illustrations.

What's the T? : The Guide to All Things Trans And/Or Nonbinary

Dawson, Juno

Sourcebooks Fire

306.7680

9781728254067

172825406X

HRD

\$19.99 2022/06/07

Teen - Grade 10-12, Age 15-18

Transgender people Juvenile literature. Transgender people Identity Juvenile literature. YOUNG ADULT NONFICTION / LGBTQ+

'Discover what it means to be a young transgender and/or nonbinary person in the twenty-first century in this frank and funny guide for teens'--

Inheritance : A Visual Poem

Acevedo, Elizabeth/ Pippins, Andrea (ILT)

Quill Tree Books

808.0000

9780062931948

0062931946

HRD

\$16.99 2022/05/03

Teen - Grade 7-9, Age 12-14

YOUNG ADULT NONFICTION / Poetry

Interweaving a powerful message of self-love, an award-winning author and poet celebrates the beauty and meaning of natural Black hair through her most famous spoken-word poem brought to a lushly illustrated picture book form. 150,000 first printing. Simultaneous eBook. Illustrations

Augusta Savage : The Shape of a Sculptor's Life

Nelson, Marilyn/ Lawson, Tammi (AFT)

Christy Ottaviano Books

811.5400

9780316298025

0316298026

HRD

\$18.99 2022/01/25

Teen - Grade 10-12, Age 15-18

Sculptors United States Juvenile poetry. African American sculptors Juvenile poetry. YOUNG ADULT NONFICTION / People & Places / United States / African American & Black

A powerful biography in poems about Augusta Savage, the trailblazing artist and pillar of the Harlem Renaissance-with an afterword by the curator of the Schomburg Center for Research in Black Culture

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Respect the Mic : Celebrating 20 Years of Poetry from a Chicagoland High School

Abdurraqib, Hanif (EDT)/ Choi, Franny (EDT)/ Kahn, Peter (EDT)/ Sullivan, Dan 'Sully' (EDT)/ Jess, Tyehimba (FRW) Penguin Workshop 811.0080

9780593226810 059322681X HRD \$16.99 2022/02/01 Teen - Grade 7-9, Age 12-14

Young adult poetry, American. Youths' writings, American. YOUNG ADULT NONFICTION / Poetry
Curated by award-winning and best-selling poets, this wide-ranging poetry anthology represents 20 years of poetry from the students and alumni of Chicago's Oak Park River Forest High School Spoken Word Club, offering a tender, intimate portrait of American life. Simultaneous eBook.

Urgent Message from a Hot Planet : Navigating the Climate Crisis (Orca Issues)

Eriksson, Ann/ Wuthrich, Belle (ILT) Orca Book Pub 363.7387

9781459826328 1459826329 PAP \$26.95 2022/01/18 Teen - Grade 7-9, Age 12-14

Climatic changes Juvenile literature. Global warming Juvenile literature. YOUNG ADULT NONFICTION / Science & Nature / Environmental Conservation & Protection

'This nonfiction book for teens outlines the science behind global heating and its root causes, provides ways to take action and honors the efforts of the millions of people from around the world working tirelessly to help the planet'--

Pork Belly Tacos with a Side of Anxiety

Castaneda, Yvonne Santa Monica Pr Llc 616.8526

9781595801081 1595801081 PAP \$12.99 2022/02/22 Teen - Grade 10-12, Age 15-18

Bulimia Patients United States Biography Juvenile literature. Depressed persons United States Biography Juvenile literature. YOUNG ADULT NONFICTION / Biography & Autobiography / Cultural, Ethnic & Regional

Yvonne Castaneda shares vibrant stories of her childhood growing up in Miami as the daughter of humble immigrants from Mexico and Cuba . . . and how she came to develop an unhealthy relationship with food

Ready for Launch : An Astronaut's Lessons for Success on Earth

Kelly, Scott Crown Pub 629.4500

9781524764326 1524764329 HRD \$17.99 2022/04/12 Teen - Grade 7-9, Age 12-14

Success Juvenile literature. Conduct of life Juvenile literature. YOUNG ADULT NONFICTION / Inspirational & Personal Growth

In this deeply personal book, the NASA astronaut author shares 10 life-changing moments from his path to space, offering his advice for mastering fear and failure. Simultaneous eBook. Illustrations.